

# Thrive Energy Cookbook 150 Functional Plant Based Whole Food Recipes

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#### **Free Thrive Energy Cookbook: 150 Plant-Based Whole Food ...**

Packed with 150 plant-based, nutrient-dense, whole food recipes developed within the Thrive nutritional philosophy, Thrive Energy Cookbook brings concepts that started the functional, plant-based nutrition revolution to life Recipes are all vegan and allergen-free (or with gluten-free

#### **What's Inside**

The Thrive Energy Cookbook includes 150 functional, plant-based whole food recipes that promote the Thrive Diet, which is the whole food way to losing weight, reducing stress, and staying healthy for life (Also available at the GSPL is The Thrive Diet book by Brazier which introduces this concept) This cookbook includes beautiful pictures

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**Managing the Adult Patient With Short Bowel Syndrome**

ing length of functional small bowel (<50-70 cm with the colon in continuity or <100-150 cm when the colon is absent) are the most critical factors predicting permanent need of PN 9 Management goals include reducing the dependence on PN, the severity of SBS symp-toms, and the development of complications associated with SBS

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